

144 SERVINGS



Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

FOOD STORAGE
EMERGENCY
EVERYDAY FOOD



## Whole Eggs

## **Nutrition Facts**

Serving Size: 2 1/2 Tbsp (13g dry) Servings Per Container: 144

Amount Per Serving	
Calories 70 Calories from F	at 45
% Daily	Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat Og	
Cholesterol 215mg	<b>72</b> %
Sodium 90mg	4%
Total Carbohydrate Og	0%
Dietary Fiber Og	0%
Sugars Og	
Protein 6g	
Vitamin A 6% • Vitamin	C 0%
Calcium 2% • Iro	n 6%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

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2,500

300mg

375g

30g

2400mg

80g

25g

2,000

300mg

300g

25g

2400mg

65g

Contains oxygen absorber.

Discard immediately upon opening.

Calories

Less than

Less than

Less than

Less than

Calories per gram: Fat 9 • Carbs 4 • Protein 4

Total Fat

Sodium

Cholesterol

Saturated Fat

Total Carbohydrate

Dietary Fiber

## **DIRECTIONS:**

- **1.** Add 2 1/2 Tablespoons dry whole egg powder to 2 1/2 Tablespoons warm water and mix well.
- 2. Cook as desired. Yield: 1 whole egg

Can be used in baking and cooking. For example, use in omelets, french toast, bread, muffins, cookies, cakes, etc. They're also great to take on camping trips.

When using with other dry ingredients, it is not necessary to reconstitute the whole egg powder. Simply add to other dry ingredients and increase liquid requirements by necessary amount.

**INGREDIENTS:** Whole eggs, less than 2 percent sodium silicoaluminate (as an anticaking agent).

Contains allergen: Eggs

Pasteurized fully, dehydrated whole eggs. No refrigeration necessary.